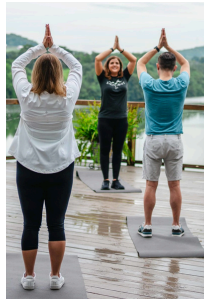




STONEDRIFT SPA

Summer Group Classes



We invite you to indulge in our luxurious spa amenities before or after your wellness experience. We recommend arriving 30 minutes early for the check-in process and to fully unwind to make the most of your experience. With any class or service, you will enjoy full-day access to our serene spa oasis. As a finishing touch, savor a complimentary refreshment following your session.

Friday, June 13th at 9:30am | \$40

60-min Yin Restorative Reducing Anxiety Yoga Flow with Christy

Sunday, June 29th at 9:30pm | \$40

80-min Upper Body Stretch Coaching with Kaitlin

Friday, July 4th at 2:30pm | \$40

60-min Restorative Yoga Flow with Christy

Sunday, July 20th at 9:30am | \$40

80-min Lower Body Stretch Coaching with Kaitlin

Friday, July 25th at 9:00am | \$40

60-min Yoga for Stress Reduction with Christy

Saturday, August 23rd at 5:00pm | \$40

60-min Upper Body Stretch Coaching with Kaitlin

Friday, August 29th at 2:30pm | \$40

60-min Sound Healing with Christy